

Sommario dei risultati

Vasca lunga (50m)

Lastname, Firstname	YOB	Strecke	Pl.	Time	Round	Old PB.	Diff.	
Ciommiento Federica	96 :	50m Stile Libero	22	32.00		32.06	100%	Rec. pers.
		800m Stile Libero	28	10:43.88		10:43.56	100%	
		50m Delfino	24	34.10		36.41	114%	Rec. pers.
		100m Delfino	16	1:13.24		1:15.00	105%	Rec. pers.
		200m Delfino	6	2:47.76	F	2:48.98	101%	Rec. pers.
		200m Delfino	7	2:52.70		2:48.98	96%	
De Feo Vittoria	98 :	800m Stile Libero	29	10:44.22		10:49.25	102%	Rec. pers.
		50m Rana	26	42.82		51.30	144%	Rec. pers.
		200m Rana	18	3:16.48		3:12.96	96%	
		50m Delfino	30	34.42		38.13	123%	Rec. pers.
		100m Delfino	25	1:15.39		1:17.40	105%	Rec. pers.
		200m Delfino	22	2:52.93		2:48.02	94%	
De Marchi Anaïs	95 :	50m Stile Libero	16	30.36		28.54	88%	
		200m Dorso	8	2:39.81	F	2:26.53	84%	
		200m Dorso	4	2:32.99		2:26.53	92%	
		50m Rana	12	37.55		36.28	93%	
		200m Rana	11	2:55.99		2:43.54	86%	
		200m Mista	3	2:30.32	F	2:21.99	89%	
		200m Mista	1	2:29.61		2:21.99	90%	
		400m Mista	6	5:28.82	F	5:04.94	86%	
		400m Mista	3	5:19.68		5:04.94	91%	
De Marchi Yannick	00 :	50m Stile Libero	22	32.09		35.67	124%	Rec. pers.
		100m Stile Libero	29	1:10.94		1:08.99	95%	
		400m Stile Libero	25	5:13.04		5:14.55	101%	Rec. pers.
		200m Dorso	17	2:55.75		2:56.75	101%	Rec. pers.
		50m Rana	10	41.88		53.98	166%	Rec. pers.
		100m Rana	18	1:35.70		1:32.99	94%	
		200m Mista	23	2:54.02		3:14.94	125%	Rec. pers.
Di Salvo Gaia	95 :	100m Stile Libero	8	1:03.53	F	1:01.16	93%	
		100m Stile Libero	8	1:02.34		1:01.16	96%	
		200m Stile Libero	5	2:13.33	F	2:14.63	102%	Rec. pers.
		200m Stile Libero	7	2:14.34		2:14.63	100%	Rec. pers.
		50m Delfino	6	30.42	F	30.06	98%	
		50m Delfino	6	30.20		30.06	99%	
		100m Delfino	3	1:08.00		1:05.36	92%	
Erdmann Selina	97 :	100m Stile Libero	17	1:06.41		1:05.75	98%	
		400m Stile Libero	27	5:01.78		4:51.35	93%	
		1500m Stile Libero	4	19:25.04		--:--		Rec. pers.
		100m Delfino	17	1:13.92		1:12.16	95%	
		200m Delfino	11	2:46.15		2:40.23	93%	
Gregorio Lorena	97 :	50m Stile Libero	47	33.21		32.25	94%	
		800m Stile Libero	31	10:53.80		10:45.19	97%	
		50m Delfino	24	33.13		37.12	126%	Rec. pers.
		100m Delfino	18	1:14.20		1:14.73	101%	Rec. pers.
		200m Delfino	21	2:52.50		2:50.97	98%	
Guardini Sharon	97 :	100m Stile Libero	31	1:08.51		1:09.37	103%	Rec. pers.
		200m Stile Libero	38	2:29.57		2:26.75	96%	
		400m Stile Libero	32	5:08.48		5:07.70	99%	
		50m Dorso	8	34.53	F	33.24	93%	
		50m Dorso	10	34.39		33.24	93%	
		100m Dorso	6	1:13.44	F	1:11.87	96%	
		100m Dorso	7	1:13.86		1:11.87	95%	
		200m Dorso	4	2:35.21	F	2:31.30	95%	
		200m Dorso	4	2:36.50		2:31.30	93%	

Maggioni Nadia	98 :	400m Stile Libero	39	5:14.24		5:28.57	109%	Rec. pers.
		800m Stile Libero	27	10:38.89		10:45.84	102%	Rec. pers.
		50m Dorso	22	35.92		45.27	159%	Rec. pers.
		100m Dorso	33	1:21.89		1:20.80	97%	
		200m Dorso	36	2:51.35		2:56.12	106%	Rec. pers.
		50m Rana	25	42.51		46.55	120%	Rec. pers.
		200m Mista	45	2:58.13		3:00.71	103%	Rec. pers.
Mirizzi Ilaria	97 :	100m Rana	13	1:25.61		1:22.07	92%	
		200m Rana	1	2:53.42	F	2:52.43	99%	
		200m Rana	2	2:56.84		2:52.43	95%	
		200m Mista	37	2:51.64		2:51.75	100%	Rec. pers.
Molinari Alessandra	96 :	400m Stile Libero	12	4:59.24		4:44.71	91%	
		100m Dorso	6	1:12.72	F	1:09.45	91%	
		100m Dorso	7	1:15.00		1:09.45	86%	
		200m Dorso	9	2:37.72		2:26.65	86%	
		200m Mista	14	2:40.80		2:31.24	88%	
Sargenti Julie	98 :	50m Stile Libero	26	30.52		33.99	124%	Rec. pers.
		100m Stile Libero	19	1:06.55		1:06.56	100%	Rec. pers.
		200m Stile Libero	32	2:24.88		2:24.62	100%	
		100m Dorso	19	1:17.34		1:18.93	104%	Rec. pers.
		200m Dorso	31	2:49.54		3:09.01	124%	Rec. pers.
		50m Delfino	22	33.04		38.59	136%	Rec. pers.
Sollberger Elena	94 :	200m Dorso	7	2:36.03	F	2:31.95	95%	
		200m Dorso	5	2:34.64		2:31.95	97%	
		50m Delfino	2	29.70	F	29.22	97%	
		50m Delfino	5	30.05		29.22	95%	
		100m Delfino	9	1:10.06		1:05.14	86%	
		200m Delfino	3	2:34.88	F	2:27.60	91%	
		200m Delfino	2	2:37.90		2:27.60	87%	
		200m Mista	8	2:36.15		2:30.19	93%	
		400m Mista	2	5:18.45	F	5:17.83	100%	
		400m Mista	4	5:21.85		5:17.83	98%	
Touretski Alexandra	94 :	100m Stile Libero	2	1:00.35	F	1:01.63	104%	Rec. pers.
		100m Stile Libero	3	1:01.11		1:01.63	102%	Rec. pers.
		200m Stile Libero	12	2:16.92		--		Rec. pers.
		100m Dorso	2	1:10.51	F	1:06.58	89%	
		100m Dorso	1	1:08.88		1:06.58	93%	
		200m Dorso	2	2:30.08	F	2:26.28	95%	
		200m Dorso	1	2:28.60		2:26.28	97%	

Totale 93 risultati individuali, prestazione media: 100.6%

0 nuovo(i) record(s), 34 nuova(e) MPP(s)

Maggior miglioramento: De Marchi Yannick, 50m Rana 41.88